



## Discover the City... by Bike

### Group Rides

Every Wednesday at 3:00. Meet at the bus stop by Rockwell Hall on Rockwell Rd. Riders must bring their own bike.



These are leisurely "no drop" rides and are weather dependent.

## Bengals & Bikes

<https://healthpromotion.buffalostate.edu/bengals-bikes>

Email Eric Krieg (Sociology Dept.) or Paula Madrigal (Health Promotion) for more information

[Kriegej@buffalostate.edu](mailto:Kriegej@buffalostate.edu)

[Madrigpa@buffalostate.edu](mailto:Madrigpa@buffalostate.edu)

# Discovery Rides!!!

### Rides:

**Lake Effect Ice Cream on Hertel Ave.** This ride is 6 miles roundtrip. (Sept. 7, 28, Oct. 19, Nov. 9, 30)

**Canalside Downtown.** This ride is about 12 miles roundtrip. (Sept. 14, Oct. 5, 26, Nov. 16, Dec. 7)

**Erie Canal in N. Tonawanda.** This ride is 21 miles roundtrip. (Sept. 21, Oct. 12, Nov. 2, 23)

All rides are weather permitting

